HAVE YOU FOUND YOUR TRIBE?

HOLISTIC INSIGHTS. EMPOWERING RESOURCES.
YOUR COMMUNITY FOR CONSCIOUS CHOICE





Join The Next Pathways Gathering Group

When:

6:30 pm • Monday, January 20, 2014

Location:

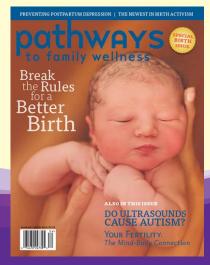
Natural Family Chiropractic 1306 18th St Suite D • Spirit Lake, IA 51360

Contact:

Dr. Shanna Clabaugh • Chiropractor/Office Manager • 712.336.2626

Discussion Topics Include:

- **Topic 1:** Are Ultrasounds Causing Autism in Unborn Babies?
- **Topic 2:** Birthing Bliss, Birthing Trauma, and Postpartum Depression
 - **Topic 3:** The Mind-Body Connection in Fertility and Pregnancy
 - **Topic 4:** 10 Points to Remember about Birth
 - **Topic 5:** The Pitfalls of Going with the Flow in Birth



Pathways to Family Wellness Issue 40, Winter 2013 In our local Pathways Connect Gathering Group, a free, nonprofit project, you will find like-hearted parents sharing their insights and experiences. Holistic, conscious living means making informed choices that are right for your family. In Pathways Connect, you will find respect and support for those choices! Join us and find your tribe.