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Poole's Corner

Dr. Dennis L. Poole

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MAY 2011

May your May be Merry!

EXPECT A MIRACLE!

"I had an auto accident 10 years ago, leaving me with a knee injury, neck and lower back pain, and migraines. Vicodin and Topamax are the drugs of choice for most migraine sufferers, but I needed to work so I couldn't take them. My doctor tried different medications only to treat the symptoms.

My Migraines were getting worse and more frequent. I withdrew from friends and activities I used to love because I was in pain 9-12 days out of the month. In desperation I went to my medical doctor and requested a referral to the chiropractor because we had already tried everything out there. So I came to Dr. Poole and on my first visit when my neck popped, I felt everything fall into place and received instant relief. I continued coming for my 6 week therapy and by then I had gone from 12 excruciating migraines a month to only 1 a month.

Life has smiled at me once more, just when I thought there was no way out of this one.



Thanks to Dr. Poole and his wonderful staff, I can exercise, enjoy my family, and work with children in Dentistry, which I love. May God bless you!" - Mercedes

Regular Chiropractic Care for the Whole Family!

Because Dr. Poole believes in the importance of chiropractic care at an early age, he makes it affordable for his patients to bring in their whole family. **Adjustments are only \$15 for children ages 0—17 years old!**

Scientific research has proven that regular chiropractic adjustments for people of all ages throughout their life has wonderful health benefits, including:

- Increased Immune System Function
- Increased Range of Motion
- Decreased Stiffness & Muscle Spasms
- Migraine & Headache Relief
- Arthritic Joint Relief
- Increased Balance & Coordination
- Slows or Stops Spinal Degeneration
- Improved Posture
- Muscle & Nerve Impulse Relaxation
- A Natural Alternative!

Stretching for Optimal Health!

Now that spring had sprung, we are all hopefully more active, exercising outdoors and enjoying nature. Remember to stretch properly before and after you exercise in order to prevent injury and sore muscles.

Stretching daily will help you keep the improved alignment you achieved through regular chiropractic adjustments. Don't bounce or force your stretch.

MIGUN THERMAL MASSAGE PACKAGES!



1 Massage is \$20

# Massages	Cost	Cost Per Massage
2	\$30	\$15
5	\$60	\$12
10	\$100	\$10

BIOMERIDIAN - Find out your HEALTH STATUS!

We offer a full-body health evaluation using an advanced technology called Bioelectrical Impedance Measurement (BIM). This FDA-registered device measures 58 different electrical "circuits" in your body related to specific organs and systems. We will find out what homeopathic methods will help your weak areas become strong. **It's only \$45 and includes a follow up scan a month after to see the results achieved by following its recommendations.*

Products of the Month!

HGH VITALITY - Reduce the Symptoms of Aging!

As we age, our bodies produce less and less human growth hormone (HGH). As HGH levels decline, our bodies can't keep up with new and replacement cell production and organs and systems start to break down at the cellular level. HGH Vitality is a homeopathic formula that is a safe and side-effect-free alternative to traditional hormone replacement. It enhances the pituitary gland, optimizing the body's production of HGH and supporting the body's ability to stimulate cells to grow and divide.

- Strengthen Skin & Hair
- Support Joints, Muscles & Bones
- Minimize Memory Loss
- Support Organ Function
- Reduce Fatigue & Sleeplessness

HCG DIET - The Weight LossCure!

If you have been struggling with your weight for a long time, you may have the *Obesity Disorder*. Persons suffering from this disorder will get fat regardless of whether they eat excessively, normally or less than normal. A person who is free of the disorder will never get fat, even if he frequently overeats. With the HCG homeopathic oral drops, you will be able to reset your hypothalamus and metabolism, so that you can maintain your weight for once and for all! If you have certain medical conditions you will not be able to do this diet. **Call us today to find out how you can lose 20 pounds in 26 days!**