
Dr. Ward's 7 Day DeTox

WHY DETOXIFY?

The Environmental Protection Agency studied the fat of humans and found PLASTICS, SOLVENTS & DIOXINS! Four billion pounds of pesticides are used every year in the USA. Water in communities all over the country contains all kinds of toxins and even prescription medications! Then there are the toxins that we have put inside our bodies directly; alcohol, tobacco, over-the-counter medications, prescription medication, caffeine, etc. Face it, we live in a toxic environment and it makes sense to clean out on a regular basis. However, professional supervision is preferred.

HOW DOES DETOXIFYING HELP THE BODY?

The reason detoxification is so helpful is due to the fact that the main organ that is helped is the LIVER. Any statement I could produce here to convince you of the vast influence the LIVER has on the body would be an understatement! Of course, we all know that the LIVER detoxifies the food & drinks we consume. But the LIVER is involved in virtually every aspect of function in the human body. We must care for our LIVER! Clinical detoxification under the supervision of a physician like me is the safe, effective way to manage LIVER function.

General DeTox Rules

1. Follow the plan! Seven days isn't very long, so commit to the plan and get the maximum benefit from the process.
2. Drink clean water, then more water, then some more water---enough said.
3. Minor dietary alterations are ok & using a little olive oil for cooking your protein is acceptable.

DETOX PROGRAM COST & PRODUCTS

The cost for the DeTox program is \$190 and includes the following nutritional products:

- [AdvaClear](#) – this product supports the liver's detoxification function (2 bottles).
- [UltraClear Medical Food](#) – this powder is made into a shake and supports the DeTox process.
- [MetaFiber](#) – this product is a fiber product which is added to the UltraClear shake. This supports intestinal health.
- [BifoViden ID](#) – this product is a probiotic. This adds beneficial flora to the intestinal tract and supports its function.