



**1106 Martin Luther King Jr Way
Tacoma, WA 98405-4152
(253) 593-2111 or
toll free 1-877-751-3053**

The Washington Basic Food program is a nutrition program that helps low-income households to supplement their food budget, allowing for more varied and nutritious foods. It is grocery store money that comes on a debit card which the grocery clerk debits for food purchases. The rules for qualifying for food assistance have also changed. Your resources, such as your vehicle or your home, generally are not counted against you in determining eligibility. Also, eligibility for Basic Food automatically qualifies the household for WIC (additional food benefits for women, infants and children), free breakfast and lunch for school-age children, and the Washington Telephone Assistance Program. The highest benefit amount is: \$200 for 1 person household, \$367 for a 2 person household, \$526 for a 3 person household, and \$668 for a 4 person household.

Maximum Monthly Income

1 Person	\$1805
2 People	\$2429
3 People	\$3052
4 People	\$3675
5 People	\$4299



Add \$623 for each additional person

This material was funded in part by the USDA Supplemental Nutrition Assistance Program. Basic Food is available to all regardless of race, color, national origin, sex, age, disability, religion, or political belief.

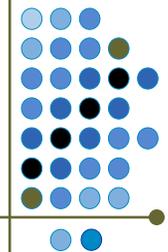


The programs mentioned in this brochure are only a portion of the services that South Sound Outreach Services offers. Our staff works hard to stay current with the programs that are available to everyone, and will, with unconditional positive regard, endeavor to offer problem-solving strategies and direct assistance wherever possible.*

The staff of SSOS will consider *all* of your needs and help you to access all the programs you are eligible for because we understand that sustainable, independent living can best be achieved with help from several sources.

SSOS is conveniently located in the Hilltop neighborhood on Pierce Transit Bus Routes 26, 28 and 57.

*South Sound Outreach Services does not discriminate against clients or employees regardless of race, color, national origin, gender, sexual orientation, age, disability, religion, literacy, primary language, veteran status, or political belief.



South Sound Outreach Services compassionately guides people through the complex array of resources needed to achieve sustainable, independent living.



Subsidies
Asset development and retention
Financial and medical options
Ethical service

SOUTH SOUND OUTREACH SERVICES



Vision: Every senior, disabled, homeless, or economically vulnerable individual gains access to sustainable independent living.

Mission: South Sound Outreach Services compassionately guides people through the complex array of resources needed to achieve sustainable, independent living.

Program Strategy: South Sound Outreach Services provides a SAFE choice, empowering individuals through:

- Subsidies
- Asset development and retention
- Financial and medical options
- Ethical Services

South Sound Outreach Services is a 501(c)3 not-for-profit corporation serving the Pierce and Kitsap County communities since 1996.

Money Management Counseling

SSOS currently offers money management counseling to assist clients in understanding their financial rights and responsibilities:

- Credit Report Assessment
- Homebuyer's pre-purchase counseling
- Debt management
- Household budgeting
- Pre-foreclosure counseling



Healthcare Assistance

The maze of healthcare programs available to seniors and disabled can be confusing and time-consuming. SSOS can help you identify and access the services for which you are eligible. Help is available with *Medicare Part B and Part D subsidies, Washington Basic Health, Medigap and Med Advantage programs, and Prescription Assistance* for those who are not eligible for Medicaid and have no prescription coverage.

Tax Preparation

Totally free tax preparation and e-filing is available to low-income wage earners . If you are a low-income wage earner, especially if you have children and are eligible for Earned Income Tax Credit and Child Tax Credits, call SSOS for information and to schedule an appointment.

Phone 253-593-2111
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